

MEMBERSHIP MEETING & CONDITIONING PROGRAM



When: Thursday, November 17, 2016
7:00PM-9:00PM

Where: Tellus360
24 E King Street, Lancaster

Cost: Free

Info: Don Benninger | (717) 390-0622 | dhbenninger@verizon.net

Want to get in better shape for this season's skiing and boarding? Be sure to attend and hear all about conditioning and exercises that add enjoyment to your mountain capabilities, as well as aid in injury prevention. This month's program features Alisa Pitt, Certified Fitness Trainer with the International School of Sports Science. Alisa is also a member of the National Ski Patrol and a National Ski Patrol Instructor, and an Outdoor Emergency Care Instructor. Her outdoor activities are varied and include alpine sports, endurance races, as well as being a professional equestrian and instructor. Hope to see you there!

CALENDAR OF UPCOMING EVENTS

HAPPY HOURS

11/4 - Carr's Restaurant
11/11 - Creekside Café (Rapho Township)
11/18 - Scooter's Restaurant & Bar (Lititz)
11/25 - Issac's Pickle Bar & Tuba Christmas
12/2 - Federal Taphouse

SKI CLUB MEETINGS/EVENTS

11/17 - Membership Meeting - Tellus360
12/16 - Holiday Party - The Pressroom
1/19 - Membership Meeting - Tellus360
2/5 - LSC Club Race - SkiRoundtop
2/16 - Membership Meeting - Loxley's
3/16 - Membership Meeting - Loxley's
4/22 - Spring Dance - Meadia Heights

SKI CLUB TRIPS 2017

1/14-1/22 Cervinia, IT
1/26-1/29 Lake Placid, NY
2/26-3/3 Tremblant, QC
3/11-3/18 Whistler, BC
Day Bus Trips:
2/3 Elk Mountain
2/17 Seven Springs

Plus additional short trips to be announced! Watch for upcoming Eblasts!

The Prez Sez:

I awoke to frost on my windshield this morning. I believe it is actually getting to be that time of year - we'll be on the slopes before you know it. Last month I mentioned how well my exercises are going (yeah, not so good) in preparation for the season. Well, Don has a great speaker lined up for our November 17th membership meeting at Tellus360. Alisa Pitt will be giving a presentation on preparing ourselves for tearing up the mountain or at least being able to carry our luggage without passing out. Alisa is a member of the National Ski Patrol and is a certified fitness instructor. I'm sure she will give all of us the motivation we need to get moving.

Its not too early to start your holiday shopping. I bet your loved ones would love a ski trip as a present this year (or maybe get one for yourself). Our club has trips going to the two #1 destinations in North America. Whistler is rated as the #1 resort in North America and Mt. Tremblant is rated the #1 resort in the east. Look for details on these trips, and more, in this flyer or our website www.lancasterskiclub.net.

On Friday, December 16, we will be having one of my favorite social events of the year, our annual Holiday Party. Last year we had a TREMENDOUS turnout and everybody had a great time. This year, Jessica and Joanne have planned a fabulous party which we will be having at The Press Room on King Street. I know this is a busy time of year for everybody, but I hope you can make it. Look for details in this flyer and the website.

Don't forget to look for our club on-line on Facebook, Meet Up, and our website. These are great tools for club information and great ways to stay in touch with your friends.

I hope to see you soon!

Patrick Lever
LSC President
ptlever@comcast.net | (717) 887-2263



Follow us on
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"Lancaster Ski Club"



Join us on
Meetup... Search
"Lancaster Ski Club"

LSC Board of Directors

President: Patrick Lever 887-2263
ptlever@comcast.net
Vice-President: Don Benninger 390-0622
dhenninger@verizon.net
Treasurer: Brian Leatherman 646-584-8161
bcleatherman@gmail.com
Secretary: Chris Lapes 858-0694
chris.lapes@gmail.com
Membership Chair: Kris Miller 575-3835
kmdoman@live.com
Flyer Chair: Jason Frederick 371-5792
jayandjason@gmail.com
Trip Chair: Jon Doman 572-3457
jkdoman@aol.com
Social Chair: Jessica Briskie 413-7670
mm2gm@ptd.net
Past President: Devera Kazmerski 371-1178
devykaz@aol.com

LSC Committee Chairs

Programs: Don Benninger 390-0622
dhenninger@verizon.net
Web Master: Jim O'Brien 618-8449
jto1@comcast.net
Peddler: Maynard Bacon 475-0000
ambaconiii@yahoo.com
Public Relations: Jay Mast 592-8992
jayandjason@gmail.com
EPSC Rep: Roger Brubaker 629-6837
rbrubaker@wilcoelectric.com
Race Coordinator: Gee Kalasky 533-4262
gkalasky@gmail.com



About the Newsletter:

Visit our website www.lancasterskiclub.net for the web newsletter, to download application forms, and for more information on all trips and social activities.

The print version will be mailed to all members every other month beginning May, 2013; however, the web newsletter will be updated monthly on our website.

If you have any suggestions regarding the newsletter, please contact Jason Frederick at jayandjason@gmail.com.

And don't forget to check out LSC on Facebook and Meetup! Also, watch your email for our weekly Eblasts!

WELCOME NEW MEMBERS (FOR THE FIRST TIME!!)

Diana & Alan Dakey
Christine Minnier-Grandle
Rafael Molina Jr.
Alyson Grandle
David Frank
Kristin Corsnitz
Ashley Fenstermacher
Kevin Ramer
Lauren Frankhouser
Phil Rhodes
Akina (Yihua) Li

Upon joining the club, please visit the LSC Peddler. Simply redeem your coupon at one of the regular club meetings to receive your complimentary gift.

LSC membership runs from March 1 through April 30 of the following year.

If you changed your mailing and/or email address, please send your new information to: Kris Miller / Membership Chair, so you can continue to receive the flyer & update emails: kmdoman@live.com.

LSC MONTHLY BOARD MEETING

**Tuesday November 22, 2016
7:00PM**

Host:

Jessica Briskie
Villa Nova West
2833 Columbia Avenue
Lancaster PA 17603

(717) 413-7670
mm2gm@ptd.net

Board meetings are open to all LSC club members. Please contact the board president to let them know you are planning to attend.



LSC HOLIDAY PARTY



THE
PRESS ROOM
RESTAURANT + BAR

26-28 West King Street, Lancaster PA 17603

Friday, December 16

7:00PM to 10:30PM/11:00PM

Hors D'Oeuvres & Cash Bar

Live Band "Bob Noble & Blue Voodoo"

Join in the socializing, music, dancing, and merriment at LSC's annual Holiday Party! Doors open at 7:00 and the live music begins at 7:30 featuring "Bob Noble & Blue Voodoo" (who played 2015's event).

Cost is \$20 per person if RSVP and payment are received by December 2; otherwise, cost is \$25 per person after December 2 thru to "at the door". Payments can be made at the November Membership Meeting or by mail to Joanne Jones at: 2010 Edgemont Drive, East Petersburg PA 17520.

Parking is free on the street or at the Central Parking Garage. Additional details to follow in upcoming Eblasts and December's Steep & Deep. See you there!

Joanne Jones, Social Committee Member
jjski816@gmail.com or (717) 468-4963

2016-2017 Day Bus Trips



Elk Mountain – Friday February 3, 2017

Price: \$99.00/person (1-hour lunch included)
Trip Leader: Jason Frederick
843 Hillaire Road
Lancaster, PA 17601
717-371-5792 or jayandjason@gmail.com



Seven Springs – Friday February 17, 2017

Price: \$87.00/person
Trip Leader: Dean Vitatoe
3182 Greentree Drive
Lancaster, PA. 17601
717-468-9653 or dvitatoe@wohlsen.com

A non-refundable deposit of \$40/person (check made payable to the Lancaster Ski Club) is needed to reserve your seat on the bus along with a signed trip application form. Trip price includes: bus transportation, lift ticket, limited snacks on the bus, and bus driver tip. Please feel free to bring your own snacks and beverages. Coolers are permitted, but should be reasonably sized and cannot obstruct the aisle.

All day trips will depart Lancaster at 6:00AM. The Elk trip will depart the mountain at 5:00PM and the Seven Springs trip will depart the mountain at 7:00PM. Your Seven Springs day lift ticket is valid until 7:00PM.

Trip Committee Update:

Even though it is less than 51 days till winter is officially here, A-Basin and Killington are already open!

Our major trip to Whistler is full and Brian Leatherman is taking names for a waiting list. Our combined trip with the Merck Ski Association to Cervinia, Italy is also full and Stefanie Stoyanov is taking names for a waiting list. We would like to thank all of you that have signed up for these two great destinations.

The midweek trip to Mont Tremblant, Canada is February 26, 2017 thru March 3, 2017 and still has some space available. This is the #1 Ski Destination in the East for many years. There are multiple rooming options and we encourage families to sign up for this trip. Please contact Jon Doman for information on your trip to the #1 ski destination in the East.

Our weekend trip to Whiteface/Lake Placid January 26-29, 2017 will fill up fast so please contact Kris Miller to sign up. Whiteface has already received 5+ inches of snow this year. Come along to explore one of the past Winter Olympic destinations in the USA. There will be options for those that would like to experience some of the Olympic events/venues.

Day trips go on sale in November and we look forward to seeing you on the day trips. All day trips are open to non-member guests. This is a great way to get your friends and or family to come along and see what all the comradery is about in being a member of the Lancaster Ski Club.

If you would like pricing for any trip with children or if you have any questions in regards to the trips, trip application, or the sign up policy, please contact me directly.

Jon Doman, Trip Chairperson
jkdoman@aol.com or (717) 572-3457



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1/14/17 To
1/22/17

Waiting List Only!
Contact **Stefanie Stoyanov**
for more information.

sscurat@yahoo.com
(610) 755-2672



3/11/17 To
3/18/17

WHISTLER BLACKCOMB

Waiting List Only!
Contact **Brian Leatherman**
for more information.

BCLeatherman@gmail.com
(646) 584-8161



Mobile (717) 203-3226
Email brhine@ptd.net

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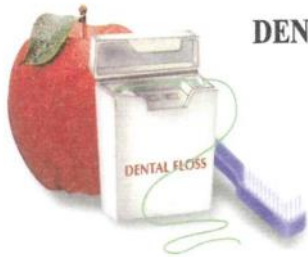
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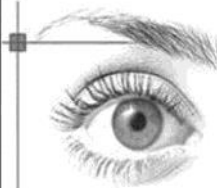
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Contact **Maynard Bacon**
for more information!

ambaconiii@yahoo.com

www.lancasterskiclub.net/merchandise.html



Mont Tremblant, Canada



February 26 - March 3, 2017

ONLY \$595pp/quad occup. for a 2 bedroom suite or
\$735pp/dbl. occup. for a 1 bedroom suite or
\$690pp/dbl. occup. for a studio

Trip Price includes:

Roundtrip Motor Coach transportation
5 Nights Lodging at Residence Inn Marriott
Daily Hot & Cold Buffet Breakfast

Snacks & Beverages on the bus
Après Ski Party

Hotel Features:

Complimentary WIFI
2 Exterior Hot Tubs
Ski In for lunch and/or at the end of the day

Fully Equipped Kitchen in Suites
Ski Storage

Mountain Features:

Get a taste of Europe only 80 miles north of Montreal. Mont Tremblant will impress you with magnificent panoramic views of the Laurentians Mountains. Walk outside of our hotel and enjoy the on-mountain, pedestrian-only village, home to abundant dining, lodging, shopping options and even a Casino!

When you're out on Tremblant mountain, you will enjoy long and perfectly groomed 32% intermediate and 21% beginner trails. Advanced and experts (47%) will find excellent mogul trails and some tree glades. There's also a terrain park consisting of 40 features spread across 40 acres with a 10,000 watt sound system. Tremblant receives abundant snowfalls and has an extensive state of the art snow-making infrastructure. Overall, there's a great mix of over 650 acres of terrain that caters to all abilities from beginners to experts with 96 runs and 14 lifts.

Lift Tickets:

Lift tickets are \$49pp/day at an added cost & Seniors 65+, only \$41pp/day

Trip Leader: Jon Doman, Contact info: jkdoman@aol.com or 717-572-3457

Make checks payable to Lancaster Ski Club and mail your check, signed trip application, and a photocopy of your passport* to: Jon Doman, 260 Carmen Drive, Collegeville PA 19426

Payment Schedule

\$200.00 Initial Deposit
\$300.00 Due by Nov. 4, 2016
Bal. Due by Jan. 27, 2017

Cancellation Policy

\$100.00 Fee prior to Nov. 4, 2016
\$250.00 Fee Nov. 4, 2016-Jan. 26, 2017
NO REFUND after Jan. 26, 2017

Any surcharges, taxes, and/or supplements added and lift ticket pricing after the initial pricing of trip at sign-up, are the sole responsibility of trip participant. *Passport must be valid for 6 months after trip.

Please read and sign the sign-up policy before making your deposit.

EPSC Carnival Trip - Whiteface/Lake Placid, NY



January 26-29, 2017

\$599.00 per person/double occupancy

\$529.00 per person/triple occupancy

\$489.00 per person/quad occupancy

Features:

- Round-trip coach bus transportation
 - 3 nights lodging at the Hampton Inn
 - Breakfast daily
 - Welcome reception
 - Group dinner
 - Ski Race
 - Two-day lift ticket at Whiteface
 - 1/2 day lift ticket at Gore Mountain
- * Non skiers/boarders cost is only \$549.00 per person double occupancy ***

As a two-time host to the Winter Olympics, Lake Placid made its name as the winter sports capital of the world. With the greatest vertical drop in the East at 3,430 feet, you'll be at the top of northeast skiing! Whiteface offers 288 skiable acres with 35 acres of in-bounds, off-piste double black diamond wilderness terrain skiing on The Slides, and 53 acres of glades skiing. But this mountain village is much more than just a venue for athletic achievement. The Hampton Inn is just a short walk to Main Street where shops and restaurants are located. The hotel also has an indoor pool and whirlpool to enjoy after a long day of skiing!

Trip Leader: Kris Miller, 1124 Willow Street Pike, Lancaster, Pa 17602
email: kmdoman@live.com phone: 717-575-3835

-Payment Schedule-

\$100.00 Initial Deposit
\$300.00 Due by Oct. 21, 2016
Bal. Due by Dec. 2, 2016

-Cancellation Policy-

\$50.00 Fee prior to Oct. 21, 2016
\$200.00 Fee Oct. 22- Dec. 1, 2016
NO REFUND after Dec.1, 2016

Any fuel surcharges/ taxes and or supplements added after the initial pricing of the trip at sign up are the sole responsibility of the trip participant.

Please read and sign the sign-up policy before making your deposit

Make checks payable to Lancaster Ski Club and mail to:
Kris Miller, 1124 Willow Street Pike, Lancaster PA 17602

LANCASTER SKI CLUB TRIP APPLICATION FORM

Please **PRINT** all information and send **this form** along with your **deposit** (check made payable to the **LANCASTER SKI CLUB**) and a **copy of your passport and/or drivers license** (if air travel is involved) to the trip leader. (You may photocopy this form as many times as needed.)

TRIP NAME _____ CHECK # _____ AMOUNT _____

FULL NAME(S)(as on driver's license or passport) _____

STREET _____ CITY _____ STATE _____ ZIP CODE _____

PHONE (CELL) _____ (HOME) _____ E-MAIL _____

NAME OF PERSON(S) YOU WISH TO ROOM WITH _____

ROOM (CIRCLE ONE): SINGLE / DOUBLE / TRIPLE / QUAD # OF RENTALS _____ # OF LESSONS _____

EMERGENCY CONTACT: NAME: _____ RELATIONSHIP _____

PHONE (CELL) _____ (HOME) _____ E-MAIL _____

STREET _____ CITY _____ STATE _____ ZIP CODE _____

HEALTH INSURER _____ PHONE _____ POLICY # _____

I/We, the Undersigned, have read, understand and will abide by all trip provisions and conditions as set forth in the official trip materials, the Trip Sign-Up Policy, the Release of Liability, the Trip Change Policy, the LSC By-laws and the LSC Constitution.

SIGNATURE(S) _____ **DATE** _____

SIGNATURE(S) _____ **DATE** _____

TRIP SIGN-UP POLICY

1. ELIGIBILITY:

A. Weekend and major trips are only open to LSC members unless otherwise designated by the Board of Directors ("BOD"). Day trips will be open to non-members 30 days after they are open to members. For the purposes of trip eligibility, a person is considered a member upon receipt of their membership application and dues.

B. Trips are open to eligible Adult (21 and over) and Junior (18-21) members. Family members less than 18 years of age are eligible to participate on trips (unless the trip is designated as "Adults only"), but must be accompanied by a parent or guardian. Grandchildren of eligible members under age 18 are included as family members.

2. CONFIRMATION AND PAYMENTS:

A. Sign-up for all club trips must include a valid check (no cash) for the initial deposit and a completed application form.

B. Trips will be filled as follows: Applications received by US Mail will have first priority and will be accepted in the order of postmark date, beginning with the opening date as announced in the LSC *Steep and Deep* publication. Applications postmarked prior to the opening date are invalid and will be returned. Hand-delivered applications will be recorded after postmarked ones of that same date, in the order that they are received. Metered, uncanceled and illegibly postmarked mail will be considered as postmarked the day before delivery.

C. If there are more applications with the same postmark than available spaces, a lottery system will be utilized. Delayed mail received more than 7 days after the postmark date will not receive priority over other applications already received.

D. The initial deposit amount and the schedule for the remaining payments will be stated in the official announcement for each trip. **A \$10.00 per week late fee applies for all payments not received or postmarked by the due date.**

E. Returned checks will subject applicant to a \$25.00 penalty plus actual bank charges incurred by LSC. Further, the status of any participant whose check is returned will be determined to be unpaid until the original check and all related charges are satisfied. Actions to be taken as a result of the unpaid status of the participant will be at the discretion of the BOD on a case-by-case basis, as stated the LSC Bylaws.

3. CANCELLATIONS:

A. If a trip participant cancels off a trip, it is the participant's responsibility, not the trip leader's, to find a replacement. The participant **MUST** contact the trip leader to give notification of their desire to cancel and get the names of those on the waiting list.

B. The cancellation policy covering costs, penalty fees and refunds will be stated in the official announcement for each trip.

C. LSC shall not be responsible for trip cancellations or delays due to events or conditions not within the control of LSC. In such an event, the trip chairperson and trip leader will make every effort to recovery any costs. To the extent that such costs are able to be recovered, appropriate refunds may be made to the trip participants at the discretion of the BOD. Optional travel insurance is available through various insurance companies.

4. ROOM REQUESTS:

A. Room requests should be specified on the application form. Although every effort will be made to honor these requests, we cannot guarantee them due to lodging configurations.

B. Trip Applicants are encouraged to sign up as a full unit. If the applicant does not have a full unit they must be willing to accept and pay for the best available rooming option as determined by the trip leader.

5. RELEASE OF LIABILITY: By signing this trip application form the following stipulations apply. It is understood and accepted that skiing/boarding is an inherently dangerous sport with associated risks. All such risks are assumed, whether skiing/boarding or non-skiing. LSC, its Board of Directors or trip leaders shall not be held responsible for any claims, injuries, or losses of any kind as a result of participation in this trip or activity.

6. TRIP CHANGE POLICY: The Lancaster Ski Club reserves the right to make changes in trip details where such changes are in the best interest of the Lancaster Ski Club and the trip participants. Neither Lancaster Ski Club nor its representatives assume any obligation or responsibility for any matters not within their control. **Any fuel surcharges/taxes and/or supplements added after the initial pricing of the trip at sign-up are the sole responsibility of the trip participant.**

7. ILLEGAL DRUGS AND ALCOHOL POLICY: LSC and its members will strictly adhere to any and all Foreign Countries, U.S. Federal and state laws regarding the use of alcoholic beverages and/or illegal drugs. As stated in the LSC constitution and by-laws, membership may be revoked by the Board of Directors for behavior not consistent with good sportsmanship or otherwise detrimental to the reputation of the Club.

Updated 7/27/2016

EPSC Update:



Discount Vouchers - EPSC keeps an inventory of ski area vouchers for the Pocono Mountains and New England. As a member of an EPSC Club, you can use the EPSC website to order vouchers for numerous mountains at a considerable savings!

Discount Days - Many east coast ski resorts offer further Ski Council/Ski Club discount days for lift tickets. Some of the resorts offering this benefit for 2016/2017 include: Bear Creek Mountain Resort, Bolton Valley, Killington, Mount Snow, Pico, Stowe, and Sugarbush. Just present your LSC membership card and a photo ID at the mountain to get the substantial savings!

Example:	Killington			
	12/16 & 12/19	\$45/ticket	12/17 & 12/18	\$50/ticket
	1/20 & 1/23	\$45	1/21 & 1/22	\$50
	2/3 & 2/6	\$45	2/4 & 2/5	\$50
	3/10 & 3/13	\$45	3/11 & 3/12	\$50
	4/7 to 4/10	\$43/day/ticket		

Visit www.easternPAskicouncil.org for more information.

Roger Brubaker, EPSC Representative
rbrubaker@wilcoelectric.com or (717) 413-7670



Meet Your LSC Leadership Team:

Name – Jon Doman

Current LSC Position – Trip Chairperson

Other Positions Served – Peddler, EPSC Rep, Programs, Implemented LSC's 1st Special Olympics Auction, and Central PA Ski Expo co-Founder and Chair

Married? Kids ? - Married. Three children (all girls) and four grandchildren, one boy and three girls.

Occupation – Recently retired

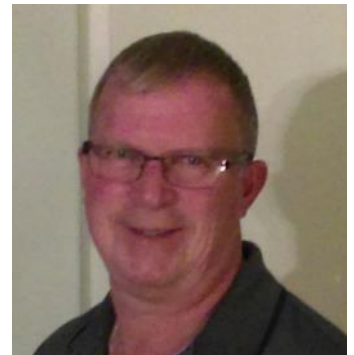
Where do you live? – Collegeville, PA

Where did you grow up? – Lancaster, PA

Do you have any pets? What Kind? – No pets.

Favorite place you have skied – Jackson Hole, Wyoming and Keystone, Colorado (this is where I met my wife, Stefanie).

What are you doing when you're not on the slopes? – Besides spending time with my family and friends, I enjoy golfing, traveling, the Philadelphia Eagles, and Penn State football.



Lancaster Ski Club
P.O. Box 7861
Lancaster PA 17604-7861

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MEMBERSHIP APPLICATION 3/11



Make checks payable to Lancaster Ski Club
Mail to: P.O. Box 7861, Lancaster PA 17604-7861

TYPE OF MEMBERSHIP (check one):

- Adult Single Membership: \$20.00 (One person, 21+ years old)
- Family Membership: \$30.00 (Adult[s] w/under 18 children- same address)
- Junior Membership: \$20.00 (One person, 18-21 years old)

NEW MEMBER
 RENEWAL

Membership Terms:
1) Purchased **BEFORE** March 1st of the current year **EXPIRES** on APRIL 30th of the current year.
2) Purchased **AFTER** MARCH 1ST of the current year will **EXPIRE** APRIL 30TH of the next year.

NAME		CELL PHONE	
Email Address			
SPOUSE (if applicable, for Family membership):		SPOUSE CELL PHONE	
Spouse Email Address			
Other family members (for Family membership):		HOME PHONE	
STREET ADDRESS		CITY	STATE ZIP +4
<input type="checkbox"/> CHECK HERE IF YOU PREFER NOT TO HAVE YOUR INFORMATION PUBLISHED IN THE SKI CLUB DIRECTORY			

By signing below, applicant agrees to abide by the Lancaster Ski Club's By-Laws and Policies (available on the Web Site):

Applicant's Signature _____ New Member Sponsor _____
Date ____/____/20____